

**Amendments to the Specification:**

Please amend the specification as follows:

At page 1, please insert the following heading immediately before the title at line 1:

TITLE OF THE INVENTION

At page 1, line 2, before the paragraph beginning “The present invention relates to . . .,” please insert the following heading:

BACKGROUND OF THE INVENTION

At page 6, line 15, please insert the following immediately after the paragraph ending “. . . limitations of existing shoes” and immediately before the paragraph beginning “According to a first object . . .”:

BRIEF SUMMARY OF THE INVENTION

At page 9, line 11, please insert the following heading immediately before the paragraph beginning “Embodiments of the present invention will now be described, by way of example only, with reference to the accompanying drawings . . .”:

BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWINGS

At page 10, before line 1, please insert the following heading immediately before the paragraph beginning "Reference is initially made . . .":

DETAILED DESCRIPTION OF THE INVENTION

At page 16, line 1, please cancel any heading immediately before claim 1 and substitute the following heading in lieu thereof:

CLAIMS

At page 20, line 1, please cancel any heading immediately before the abstract and substitute the following heading in lieu thereof:

ABSTRACT OF THE DISCLOSURE